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July 14, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, DC 20204

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NOTIFICATION OF STATEMENTS OF NUTRITIONAL SUPPORT

This Notification is filed pursuant to § 403(r)(6) of the Federal Food Drug and Cosmetic Act (FDC Act), 21 U.S.C. § 343 (r)(6).

Name of dietary supplement:

Bioenergy Nutrients SAMe

Statement[s] of

nutritional support:

Boost your mood.

More and more people swear by SAMw to help them maintain a positive

outlook.

This naturally-occurring amino acid plays an important role in the production of mood-regulating neurotransmitters. Clinical studies have shown that 400mg per day is an effective dose; some people may need to

supplement up to 1600mg per day.

I certify that the information contained in this notice is complete and accurate, and that we have substantiation that the statement[s] is [are] truthful and not misleading. Two copies of this notification are enclosed with this original.

AMRION, INC.

Evelyn D. Cadman, Cl

Senior Research Scientist